

Canada Artistic Swimming - Coach Development Pathway

(Effective October 1, 2025)

Regarding NCCP Make Ethical Decisions "MED": Effective September 1, 2020 instructors/coaches are **REQUIRED** to take NCCP Make Ethical Decisions **TRAINING** (3.5 hour module delivered by Provincial/Territorial Coaching Association) as part of their required training (as per our CAS Coach Development Pathway for AquaGO!, Comp Intro & Comp Dev). Note that CAC states "Any coach requiring NCCP trained status will require the NCCP Make Ethical Decisions Training." Instructors/Coaches then complete MED online evaluation as an outcome of their Evaluation and Certification. Anyone who has completed MED online evaluation prior to September 1, 2020 is exempt – this is not retroactive.

Intro to Artistic Swimming – AquaGO!								
NCCP Course	Age Eligibility	LTD Stage	Context	In Training	TRAINED	Evaluation	CERTIFIED	Professional Development
AquaGO! Instructor <i>Revised context effective as of Oct 1, 2025</i> <i>Prerequisite to Comp Intro as of April 1, 2021</i>	15 years of age for Modules 4 and 5 Candidates can begin Modules 1-3 (eLearning prior to turning 15)	Active Start FUNDamentals	Clubs Aquatic Facilities Municipalities	Sport-specific modules (NSO/PSO): 1. Introduction (eLearning via The Locker) 2. LTD & Fundamental Movement Skills (eLearning via The Locker) 3. Artistic Swimming Skills (eLearning via The Locker) 4. Bring a Lesson Plan to Life (synchronous classroom module virtual or in-person) 5. In-Pool Practical module (in-person)		☒ AquaGO! Evaluation: - Must be 16 years of age - Must have completed AquaGO! modules 1-5, and NCCP Multi-sport modules - AquaGO! Portfolio - Observed delivering an AquaGO! lesson ☒ Outcomes: 1. Analyze performance 2. Provide support to athletes in training 3. Make Ethical Decisions (online evaluation)		10 PD points every 5 years
	Pre-requisites: ✓ Member in good standing ✓ First Aid Training recommended			NCCP Multi-sport modules: 1. Make Ethical Decisions Workshop 2. NCCP Emergency Action Plan (EAP) eLearning Workshop (via The Locker)				

Competitive Program							
NCCP Course	Age Eligibility	LTD Stage	Context	In Training		Professional Development	
Competition Introduction <i>Revised context effective as of Sep 1, 2020</i>	16 years of age	Learn to Train Train to Train Masters	Clubs Provincial Championships	Sport Specific Modules (NSO/PSO): 1. Introduction 2. Planning for Performance Part 1 3. Introduction to Athletic Abilities and Skills 4. Figure Foundations 5. Developing and Training Routines 6. Planning for Performance Part 2 7. Planning a Practice 8. Analyze Performance 9. Practical In-Pool component NCCP Multi-Sport Modules: 1. Make Ethical Decisions Workshop* 2. Making Head Way in Sport eLearning Workshop 3. Emergency Action Plan (EAP) eLearning Workshop* 4. Sport Nutrition eLearning Workshop 5. Basic Mental Skills Workshop 6. Teaching and Learning Workshop <i>*if not previously completed</i>	TRAINED	Evaluation ☒ Competition Introduction Evaluation: - Submit Comp Intro Portfolio - In-practice observation and debrief by evaluator - In-competition observation and debrief by evaluator ☒ Outcomes: - Design a sport program - Plan a practice - Provide support to athletes in training - Support the competitive experience - Analyze performance - Make Ethical Decisions (online evaluation)* <i>*if not previously completed</i>	CERTIFIED 20 PD points every 5 years
	Pre-requisites:						
	✓ Member in good standing ✓ First Aid Training recommended ✓ <u>Required</u> to be AquaGO! "<u>Trained</u>" (completed modules 1-5 and required multisport modules) effective September 1, 2021.						
	Pre-course work:						
	- CAS LTD Framework reading & quiz (via artisticsswimmingcoach.ca) - Comp Intro pre-course homework workbook						

Competitive Program									
NCCP Course	Age Eligibility	LTD Stage	Context	In Training		Evaluation		Professional Development	
Competition Development	18 years of age	Train to Train	Clubs	Sport Specific Modules (NSO): 1. Developing Athletic Abilities 2. Planning a Practice (2) 3. Performance Planning 4. Analyze Figure Abilities 5. Analyze Routine Abilities 6. Manage a Sport Program NCCP Multi-Sport Modules: 1. Coaching & Leading Effectively Workshop 2. Leading Drug Free Sport Workshop 3. Make Ethical Decisions Workshop* 4. Making Head Way in Sport eLearning Workshop* 5. Managing Conflict Workshop 6. Prevention & Recovery Workshop 7. Psychology of Performance Workshop <i>*if not previously completed</i>	TRAINED	☒ NCCP Multi-Sport Online Evaluations: - Make Ethical Decisions* - Managing Conflict - Leading Drug Free Sport	CERTIFIED	30 PD points every 5 years	
		Train to Compete	National Championships			☒ Competition Development Evaluation**: - Submit portfolio - In-practice observation and debrief by evaluator - In-competition observation and debrief by evaluator			
	Masters	Provincial Teams	☒ Outcomes: - Design a sport program - Plan a practice - Provide support to athletes in training - Support the competitive experience - Analyze performance - Manage a sport program						
	Pre-requisites:					<i>*if not previously completed</i>			<i>**recommended to be coaching athletes competing at national qualifier/national championships (team routine preferred)</i>
	✓ Member in good standing ✓ First Aid Training recommended ✓ <u>Required</u> to be Competition-Introduction Certified (effective as of October 1, 2025)								
	Pre-course work:								
	✓ Developing Athletic Abilities pre-course work ✓ Pre-course reading								

Competitive Program								
NCCP Course	Age Eligibility	LTD Stage	Context	In Training	TRAINED	Evaluation	CERTIFIED	Professional Development
Competition Development Advanced Gradation (CDAG)	18 years of age	Train to Train Train to Compete Learn to Win	As per Comp Dev + 13-15 and Junior National Team	Completes the Advanced Coaching Diploma (ACD) (2-year program) Completes CDAG Practicum: (6-12 month minimum) 2 modules: 1. Coach as Performer 2. International Innovation (with practical application component) Practical Coaching component: Coach will work in a high- performance National Team training setting (Example: 13-15/Junior National Team Training Camp/Competition)		The coach will complete the ACD/CDAG final assessment (includes CAS expert & CAC HP expert) CDAG Practicum Evaluation: 1. Coach as Performer 2. International Innovation 3. Practical Coaching Component 4. MED (if not previously completed) Coach will successfully complete these 3 specific projects under the guidance of a mentor/CDAG facilitator. Evaluation will be ongoing through these projects.		30 PD points every 5 years
	Pre-requisites:							
	✓ Member in good standing ✓ Competition Development certified ✓ Successfully completed or be currently registered in Advanced Coaching Diploma (ACD) ✓ Identified & selected by Canada Artistic Swimming ✓ CAS 13-15 or Junior National Team Coach							

Competitive Program								
NCCP Course	Age Eligibility	LTD Stage	Context	In Training	TRAINED	Evaluation	CERTIFIED	Professional Development
High Performance Coach	18 years of age	Learn to Win Perform to Win	Senior National Team	Completes the Advanced Coaching Diploma ACD (2- year program) or equivalent Completes HP Practicum (6-12 month minimum) or equivalent. 2 modules: 1. Coach as Performer 2. International Innovation (with practical application component) Practical Coaching component: Coach will work in a high- performance Senior National Team training/competition setting (example: apprentice coach/assistant coach at a Senior National Team camp/competition).		The coach will complete the ACD/HP final assessment (includes CAS expert & CAC HP expert) HP Practicum Evaluation: 1. Coach as Performer 2. International Innovation 3. Practical Coaching Component 4. MED (if not previously completed) Coach will successfully complete these 3 specific projects under the guidance of a mentor/HP facilitator. Evaluation will be ongoing through these projects.		30 PD points every 5 years
	Pre-requisites:							
	✓ Member in good standing ✓ Identified & selected by Canada Artistic Swimming for HP Program ✓ Competition Development certified (or equivalent) ✓ CAS Senior National Team Coach							