

INFORMATION PACKAGE

V2.0 - June 8, 2026

2026 CANADA CUP AUGUST 24-28, 2026

MONTREAL, QC

NATATION
ARTISTIQUE
CANADA 
ARTISTIC
SWIMMING



GENERAL INFORMATION

| | |
|------------------------------|--|
| EVENT DATES | August 24-28, 2026 |
| HOST | Canada Artistic Swimming |
| REGISTRATION DEADLINE | Friday, July 10, 2026 at 11:59PM EDT |
| CAS RESOURCE | <p><i>Lauren Whiteley, Communications & Events Manager</i> lauren@artisticswimming.ca</p> <p><i>Stephane Cote, Chief Operating Officer</i> stephane@artisticswimming.ca</p> |
| EVENTS | <p>11-12: Figures, Solo, Duet, Mixed Duet, Team</p> <p>Youth: Figures, Solo, Duet, Mixed Duet, Team, Combo</p> <p>Junior & Senior: Solo Tech, Solo Free, Duet Tech, Duet Free, Mixed Duet Tech, Mixed Duet Free, Team Tech, Team Free</p> <p>Open: Acrobatic Routine</p> <p>AdAS: Figures, Solo, Duet, Team</p> <p>Mixed Ability: Duet, Team</p> |
| RULES | This competition will be conducted under Canada Artistic Swimming Rules. |

TENTATIVE SCHEDULE

| DAY | DATE | EVENT |
|------|------------------|---|
| MON | August 24 | ARRIVAL DAY |
| | | TRAINING DAY |
| TUES | August 25 | TRAINING DAY |
| WED | August 26 | FIGURES JUNIOR/SENIOR DUET TECH 11-12 DUET YOUTH SOLO JUNIOR/SENIOR SOLO TECH |
| THU | August 27 | JUNIOR/SENIOR SOLO FREE 11-12 SOLO ADAS SOLO YOUTH DUET YOUTH MIXED DUET JUNIOR/SENIOR DUET FREE 11-12 TEAM PRELIMS YOUTH TEAM PRELIMS JUNIOR/SENIOR TEAM TECH |
| FRI | August 28 | JUNIOR/SENIOR TEAM FREE 11-12 TEAM FINALS YOUTH TEAM FINALS ACROBATIC ROUTINE |
| SAT | August 29 | 12U CAMP YOUTH DEVELOPMENT & SELECTION CAMP |
| SUN | August 30 | YOUTH DEVELOPMENT & SELECTION CAMP |
| | | DEPARTURE DAY |

POOL & VENUE INFORMATION

POOL INFORMATION

Complexe aquatique du parc Jean-Drapeau
130 Chem. du Tour de l'île
Montreal, QC

POOL SPECS

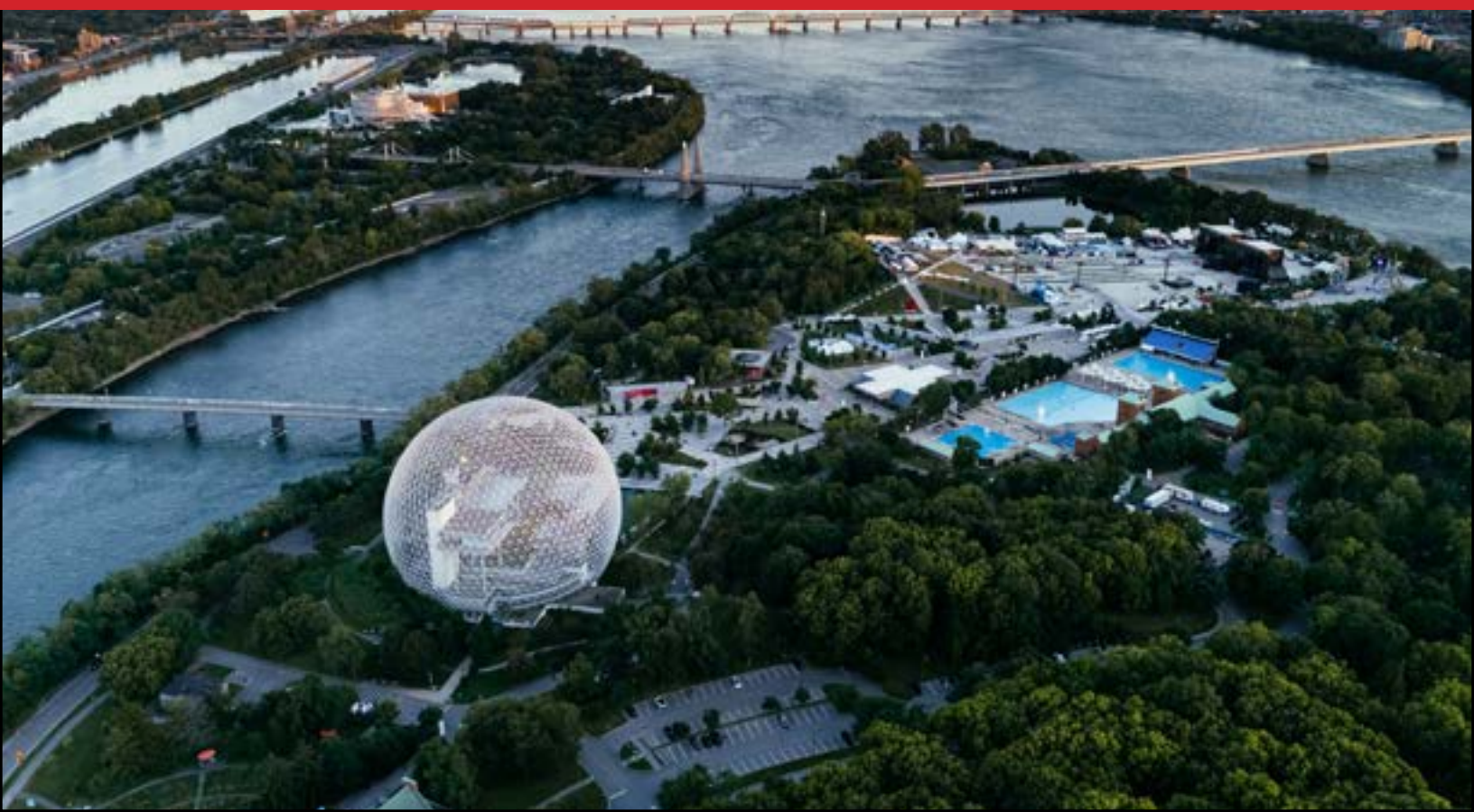
Competition Side: 25m x 25m
Warmup Side: 25m x 25m

Please note that this is an outdoor pool. Athletes and coaches are strongly urged to use sun protection during training and competition.

WEATHER NOTICE

As Parc Jean Drapeau is an outdoor facility, scheduled events may be impacted by weather.

Should inclement weather occur, training and competition schedules will be adjusted on an as needed basis. Any changes will be communicated to coaches.



POOL & VENUE INFORMATION (con'td)

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| DECK PRIVILEGES | All Coaches must have proper accreditations on them at all times, and will be expected to have the proper level of certification as per rule 4.7 a): Coach eligibility is as per the current CAS Coach Registration and Certification Policy as posted on the CAS website on the Bylaws & Policies page. |
| SECURITY & HEALTH SERVICES | Trained Lifeguards will be on deck at all times during the competition. |
| RULES FOR GELLING | We ask that clubs consider doing gelling and degelling at the hotel whenever possible. Absolutely no degelling in the pool will be tolerated. |

ELIGIBILITY

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| INTERNATIONAL ENTRIES | All International Federations and clubs are eligible to enter the competition. Registration to be completed through excel form available on website or by request at lauren@artisticswimming.ca |
| DOMESTIC ENTRIES | <p>ATHLETES FROM BRITISH-COLOMBIA, ALBERTA, ONTARIO AND QUEBEC</p> <ul style="list-style-type: none"> • Provincial Teams are eligible to enter all events • Clubs must get sanction from their provincial federation to enter all individual and team events. To obtain sanction, please contact: <ul style="list-style-type: none"> • BC Tina Naveri (tnaveri@bcartisticswimming.ca) • AB Jaime Thompson (jthompson@albertaartisticswimming.ca) • ON Laura Steacy (ldmsteacy@ontarioartisticswimming.ca) • QC Laurence Cayouette (lcayouette@natationartistiquequebec.ca) <p>ALL OTHER PROVINCES</p> <ul style="list-style-type: none"> • Clubs are eligible to enter all events - register as usual through RAMP |

REGISTRATION, FEES & PAYMENT

| | | | | | | | | | | | | | |
|--|--|--------------|---------|--------------------------|---------|-------------------------|----------|-------------------------|----------|-----------------------|----------|-------------------------|----------|
| <p>ENTRY DEADLINE</p> | <p>Friday, July 10, 2026 at 11:59PM EDT</p> | | | | | | | | | | | | |
| <p>ENTRY SUBMISSION INFORMATION</p> | <p>Canadian club registration and entries must be sent online using the CAS Registration System (RAMP Interactive).</p> <p>Provincial & International entries must be submitted using an excel form available on the CAS website event page or by request to lauren@artisticswimming.ca.</p> | | | | | | | | | | | | |
| <p>ENTRY FEES</p> | <table> <tr> <td>Figures.....</td> <td>\$60,00</td> </tr> <tr> <td>Solo (Tech & Free)</td> <td>\$60,00</td> </tr> <tr> <td>Duet (Tech & Free).....</td> <td>\$120,00</td> </tr> <tr> <td>Team (Tech & Free).....</td> <td>\$250,00</td> </tr> <tr> <td>Free Combination.....</td> <td>\$250,00</td> </tr> <tr> <td>Acrobatic Routine</td> <td>\$250,00</td> </tr> </table> | Figures..... | \$60,00 | Solo (Tech & Free) | \$60,00 | Duet (Tech & Free)..... | \$120,00 | Team (Tech & Free)..... | \$250,00 | Free Combination..... | \$250,00 | Acrobatic Routine | \$250,00 |
| Figures..... | \$60,00 | | | | | | | | | | | | |
| Solo (Tech & Free) | \$60,00 | | | | | | | | | | | | |
| Duet (Tech & Free)..... | \$120,00 | | | | | | | | | | | | |
| Team (Tech & Free)..... | \$250,00 | | | | | | | | | | | | |
| Free Combination..... | \$250,00 | | | | | | | | | | | | |
| Acrobatic Routine | \$250,00 | | | | | | | | | | | | |
| <p>LATE ENTRIES</p> | <p>Once the deadline has passed, changes can only be requested by email, at lauren@artisticswimming.ca, and will be subject to a late fee.</p> <p>According to CAS Rule, 20.2.2 a), Each routine whose entry package has not been received or is incomplete by the stated deadline is automatically assessed a \$50 fine. This fine must be paid to the Chief Referee or designate at the coaches meeting prior to the competition, or the routines concerned will be disqualified from the competition.</p> <p>The FINAL deadline for late entries is 4 weeks prior to the start of the competition, on July 27, 2026, 11:59 pm EDT. No entries will be accepted after this date.</p> | | | | | | | | | | | | |

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| <p>ATHLETE FEE</p> | <p>The athlete fee is \$160 per athlete. The amount will be calculated through the RAMP competition registration system or in the provincial/international registration form</p> |
| <p>HOSPITALITY FEE</p> | <p>Each athlete, coach and/or chaperone will be charged a hospitality fee of \$180 for competition days or \$275 for all 5 days (Monday - Friday). Note that the same choice must be made for all members of a delegation.</p> <p>This special hospitality fee includes:</p> <ul style="list-style-type: none"> • A 1-week metro pass with a direct route to the pool • Lunch at the pool on selected days (either 3 days or 5 days) |
| <p>PAYMENT</p> | <p>Four payment methods are available. In all cases, payment must be received before the final payment deadline to avoid penalties.</p> <ul style="list-style-type: none"> • By EFT to payment@artisticswimming.ca (we accept transfers with no passwords! If your bank still requires one, it should be CAGC2026) • By bank wire. Please contact june@artisticswimming.ca to get bank details if you'd like to pay this way. • By credit card. When registering through RAMP, you will be able to do it directly through the system. • By cheque, payable to CAS, sent to: Canada Artistic Swimming c/o June Sterling 700 Industrial Avenue, Suite 312 Ottawa, ON, K1G 0Y9 |
| <p>ENTRY SUBMISSION INFORMATION</p> | <p>All delegations must fill out the online Event Registration Form (coming soon) to provide all the pertinent information to the Organizing Committee.</p> |
| <p>CONSENT FORMS & WAIVERS</p> | <p>All athletes must fill out the Athlete Waivers and Medical Release (coming soon) forms by July 27, 2026.</p> |

MUSIC

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|------------------------------|--|
| MUSIC DEADLINE | Monday, August 10, 2026 at 11:59PM EDT |
| FILE FORMAT | Please note that digital music will be used at this competition. There must be one digital file for each registered routine in an mp3 format, with a minimum required resolution of 192kbps. |
| LABELLING CONVENTIONS | <p>File must be labeled with the following information, all separated by underscores, with no blank spaces:</p> <ol style="list-style-type: none">1. Age Group (11-12, Youth, Junior, Open)2. Event (Solo Tech, Solo Free, etc.)3. Province/Club Name (no spaces!)4. Athlete Last Name (For duets, use both last names. For teams, please use the first swimmer’s last name, by alphabetical order) <p>Examples: Junior_SoloTech_TorontoClub_Smith.mp3 Senior_DuetFree_CalgaryClub_Jones-Chen.mp3 13-15_TeamFree_MontrealClub_Bedard.mp3</p> |

COACH CARDS

SUBMISSION DEADLINE

Friday, August 21, 2026 at 11:59PM EDT

Further rules related to the process required to change a coach card after this deadline will be released later.

Changes will only be allowed in 2 cases: Medical Issue or as a Coach Decision (which will require the payment of a fine).

FILE FORMAT

All Coach Cards must be sent in in Excel format and use the file created through the Coach Card software [available here](#).

Please make sure you have the latest version of the software before exporting your files.

LABELLING CONVENTIONS

Files must be sent without changing the label from the export.

FIGURES

YOUTH FIGURES

1 week before figures:

- Group A, B or C will be drawn
- Draw will take place on August 17, 2026

72 hours before figures:

- Group # will be drawn
- Draw will take place on August 21, 2026

Draw results will be on Sportity. There will be 2 panels of judges, and all athletes will compete the same 2 figures.

11-12 FIGURES

1 week before figures:

- 1 compulsory figure & 1 optional figure will be drawn
- Draw will take place on August 17, 2026
- Draw will be posted on Sportity

AdAS FIGURES

1 week before figures:

- Group 1, 2 or 3 will be drawn
- Draw will take place on August 17, 2026
- Draw will be posted on Sportity

AWARDS

FIGURE EVENTS

Medals will be awarded to the top three figure scores in 11-12, Youth, and AdAS figure event categories.

ROUTINE EVENTS: 11-12, YOUTH & AdAS

Medals (Gold, Silver & Bronze) will be awarded to the top three championship scores in 11-12, Youth & AdAS event categories.

ROUTINE EVENTS: JR & MIXED ABILITY

Medals (Gold, Silver & Bronze) will be awarded to the top three routine scores in Junior & Mixed Ability event categories.

ACCOMMODATIONS, TRANSPORTATION & MEALS

HOST HOTEL

Hotel Zéro1
 1 René-Lévesque Est
 Montréal, QC H2X 3Z5

2 Queen Bed (very limited quantity)
 Single/Double Occupancy - \$225 / night
 Triple Occupancy - \$275 / night
 Quad Occupancy - \$300 / night

1 Queen Bed
 Single/Double Occupancy - \$190 / night

Special Breakfast Rate: \$15 / person / day

HOTEL BOOKING PROCESS

Please contact **Lauren Whiteley** at lauren@artisticswimming.ca to confirm hotel booking.

TRANSPORTATION

As part of CAS sustainability strategy commitment, local transportation for this event will be with public transit only. The official hotel is located 700m from the main Montreal Berri-UQAM metro station, which is one stop away from the venue on the yellow line.

Participants will receive a one-week metro pass as a part of their hospitality fee.

MEALS

Breakfast is available at the hotel every morning at a discounted rate.

Lunch will be served at the pool daily (on competition days for all participants, and on Monday/Tuesday for those selected the 5-day hospitality package).

Dinner will be the responsibility of participants.

VOLUNTEER INFORMATION

VOLUNTEER REQUIREMENTS

Volunteers will be needed to effectively run multiple aspects of the competition. Volunteers will be needed in several capacities, including:

- Setup
- Admission
- Announcers
- Runners
- Video
- Timers

APPLICATION FORM

Those interested in volunteering for the event are asked to fill out the Volunteer Application Form (coming soon).

SWIM & LEARN WITH THE SENIOR NATIONAL TEAM



2026 CANADA CUP

ARTISTIC SWIMMING SUMMER CAMP



August 24-28, 2026

Train with some of Canada's top artistic swimming coaches and athletes at an unforgettable summer camp in the heart of Montreal. From August 24-28 at the stunning Parc Jean-Drapeau, athletes will develop their skills through high-level instruction, inspiring mentorship, and a fun, dynamic training environment. Whether you're looking to sharpen your technique or take the next step in your artistic swimming journey, this is a unique opportunity to learn from the best.

WHERE

Parc Jean Drapeau, Montreal

WHEN

August 24-28, 2026, 8:30-16:00

WHO

Athletes in **11-12, Youth & Junior** Age Groups

COST

\$750 for camp
\$1250 with individualized lessons

HOW

**INFORMATION &
REGISTRATION HERE**

