

INFORMATION PACKAGE

v3.0 – June 29, 2026

2026 CANADA CUP

AUGUST 24-28, 2026

MONTREAL, QC

NATATION
ARTISTIQUE
CANADA 
ARTISTIC
SWIMMING



GENERAL INFORMATION

EVENT DATES	August 24-28, 2026
HOST	Canada Artistic Swimming
REGISTRATION DEADLINE	Friday, July 17, 2026 at 11:59PM EDT
CAS RESOURCE	<i>Lauren Whiteley, Communications & Events Manager</i> lauren@artisticswimming.ca <i>Stephane Cote, Chief Operating Officer</i> stephane@artisticswimming.ca
EVENTS	11-12: Figures, Solo, Duet, Mixed Duet, Team Youth: Figures, Solo, Duet, Mixed Duet, Team, Combo Junior & Senior: Solo Tech, Solo Free, Duet Tech, Duet Free, Mixed Duet Tech, Mixed Duet Free, Team Tech, Team Free Open: Acrobatic Routine AdAS: Figures, Solo, Duet, Team Mixed Ability: Duet, Team
RULES	This competition will be conducted under Canada Artistic Swimming Rules.

TENTATIVE SCHEDULE

DAY	DATE	EVENT
MON	August 24	ARRIVAL DAY
		TRAINING DAY
TUES	August 25	TRAINING DAY
WED	August 26	FIGURES JUNIOR/SENIOR DUET TECH 11-12 DUET YOUTH SOLO JUNIOR/SENIOR SOLO TECH
THU	August 27	JUNIOR/SENIOR SOLO FREE 11-12 SOLO ADAS SOLO YOUTH DUET YOUTH MIXED DUET JUNIOR/SENIOR DUET FREE 11-12 TEAM PRELIMS YOUTH TEAM PRELIMS JUNIOR/SENIOR TEAM TECH
FRI	August 28	JUNIOR/SENIOR TEAM FREE 11-12 TEAM FINALS YOUTH TEAM FINALS ACROBATIC ROUTINE
SAT	August 29	12U CAMP YOUTH DEVELOPMENT & SELECTION CAMP
SUN	August 30	YOUTH DEVELOPMENT & SELECTION CAMP
		DEPARTURE DAY

POOL & VENUE INFORMATION

POOL INFORMATION	Complexe aquatique du parc Jean-Drapeau 130 Chem. du Tour de l'île Montreal, QC
POOL SPECS	Competition Side: 25m x 25m Warmup Side: 25m x 25m Please note that this is an outdoor pool. Athletes and coaches are strongly urged to use sun protection during training and competition.
WEATHER NOTICE	As Parc Jean Drapeau is an outdoor facility, scheduled events may be impacted by weather. Should inclement weather occur, training and competition schedules will be adjusted on an as needed basis. Any changes will be communicated to coaches.



POOL & VENUE INFORMATION (con'td)

DECK PRIVILEGES	All Coaches must have proper accreditations on them at all times, and will be expected to have the proper level of certification as per rule 4.7 a): Coach eligibility is as per the current CAS Coach Registration and Certification Policy as posted on the CAS website on the Bylaws & Policies page.
SECURITY & HEALTH SERVICES	Trained Lifeguards will be on deck at all times during the competition.
RULES FOR GELLING	We ask that clubs consider doing gelling and degelling at the hotel whenever possible. Absolutely no degelling in the pool will be tolerated.

ELIGIBILITY

INTERNATIONAL ENTRIES	All International Federations and clubs are eligible to enter the competition. Registration to be completed through excel form available on website or by request at lauren@artisticswimming.ca
DOMESTIC ENTRIES	ATHLETES FROM BRITISH-COLOMBIA, ALBERTA, ONTARIO AND QUEBEC - Provincial Teams are eligible to enter all events - Clubs must get sanction from their provincial federation to enter all individual and team events. To obtain sanction, please contact: - BC Tina Naveri (tnaveri@bcartisticswimming.ca) - AB Jaime Thompson (jthompson@albertaartisticswimming.ca) - ON Laura Steacy (ldmsteacy@ontarioartisticswimming.ca) - QC Laurence Cayouette (lcayouette@natationartistiquequebec.ca) ALL OTHER PROVINCES - Clubs are eligible to enter all events - register as usual through RAMP

REGISTRATION, FEES & PAYMENT

ENTRY DEADLINE	Friday, July 17, 2026 at 11:59PM EDT												
ENTRY SUBMISSION INFORMATION	Canadian club registration and entries must be sent online using the CAS Registration System (RAMP Interactive). Provincial & International entries must be submitted using an excel form available on the CAS website event page or by request to lauren@artisticswimming.ca.												
ENTRY FEES	<table><tr><td>Figures</td><td>\$60,00</td></tr><tr><td>Solo (Tech & Free).....</td><td>\$60,00</td></tr><tr><td>Duet (Tech & Free)</td><td>\$120,00</td></tr><tr><td>Team (Tech & Free)</td><td>\$250,00</td></tr><tr><td>Free Combination</td><td>\$250,00</td></tr><tr><td>Acrobatic Routine</td><td>\$250,00</td></tr></table>	Figures	\$60,00	Solo (Tech & Free).....	\$60,00	Duet (Tech & Free)	\$120,00	Team (Tech & Free)	\$250,00	Free Combination	\$250,00	Acrobatic Routine	\$250,00
Figures	\$60,00												
Solo (Tech & Free).....	\$60,00												
Duet (Tech & Free)	\$120,00												
Team (Tech & Free)	\$250,00												
Free Combination	\$250,00												
Acrobatic Routine	\$250,00												
LATE ENTRIES	Once the deadline has passed, changes can only be requested by email, at lauren@artisticswimming.ca, and will be subject to a late fee. According to CAS Rule, 20.2.2 a), Each routine whose entry package has not been received or is incomplete by the stated deadline is automatically assessed a \$50 fine. This fine must be paid to the Chief Referee or designate at the coaches meeting prior to the competition, or the routines concerned will be disqualified from the competition. The FINAL deadline for late entries is 4 weeks prior to the start of the competition, on July 27, 2026, 11:59 pm EDT. No entries will be accepted after this date.												

ATHLETE FEE	The athlete fee is \$160 per athlete. The amount will be calculated through the RAMP competition registration system or in the provincial/international registration form
HOSPITALITY FEE	Each athlete, coach and/or chaperone will be charged a hospitality fee of \$180 for competition days or \$275 for all 5 days (Monday - Friday). Note that the same choice must be made for all members of a delegation. This special hospitality fee includes: - A 1-week metro pass with a direct route to the pool - Lunch at the pool on selected days (either 3 days or 5 days)
PAYMENT	Four payment methods are available. In all cases, payment must be received before the final payment deadline to avoid penalties. - By EFT to payment@artisticswimming.ca (we accept transfers with no passwords! If your bank still requires one, it should be CAGC2026) - By bank wire. Please contact june@artisticswimming.ca to get bank details if you'd like to pay this way. - By credit card. When registering through RAMP, you will be able to do it directly through the system. - By cheque, payable to CAS, sent to: Canada Artistic Swimming c/o June Sterling 700 Industrial Avenue, Suite 312 Ottawa, ON, K1G 0Y9
ENTRY SUBMISSION INFORMATION	All delegations must fill out the online Event Registration Form (coming soon) to provide all the pertinent information to the Organizing Committee.
CONSENT FORMS & WAIVERS	All athletes must fill out the Athlete Waivers and Medical Release (coming soon) forms by July 27, 2026.

MUSIC

MUSIC DEADLINE	Monday, August 10, 2026 at 11:59PM EDT
FILE FORMAT	Please note that digital music will be used at this competition. There must be one digital file for each registered routine in an mp3 format, with a minimum required resolution of 192kbps.
LABELLING CONVENTIONS	File must be labeled with the following information, all separated by underscores, with no blank spaces: Age Group (11-12, Youth, Junior, Open) Event (Solo Tech, Solo Free, etc.) Province/Club Name (no spaces!) Athlete Last Name (For duets, use both last names. For teams, please use the first swimmer's last name, by alphabetical order) Examples: Junior_SoloTech_TorontoClub_Smith.mp3 Senior_DuetFree_CalgaryClub_Jones-Chen.mp3 13-15_TeamFree_MontrealClub_Bedard.mp3

COACH CARDS

SUBMISSION DEADLINE	Friday, August 21, 2026 at 11:59PM EDT Further rules related to the process required to change a coach card after this deadline will be released later. Changes will only be allowed in 2 cases: Medical Issue or as a Coach Decision (which will require the payment of a fine).
FILE FORMAT	All Coach Cards must be sent in in Excel format and use the file created through the Coach Card software available here. Please make sure you have the latest version of the software before exporting your files.
LABELLING CONVENTIONS	Files must be sent without changing the label from the export.

FIGURES

YOUTH FIGURES	1 week before figures: - Group A, B or C will be drawn - Draw will take place on August 17, 2026 72 hours before figures: - Group # will be drawn - Draw will take place on August 21, 2026 Draw results will be on Sportity. There will be 2 panels of judges, and all athletes will compete the same 2 figures.
11-12 FIGURES	1 week before figures: 1 compulsory figure & 1 optional figure will be drawn - Draw will take place on August 17, 2026 - Draw will be posted on Sportity
AdAS FIGURES	1 week before figures: - Group 1, 2 or 3 will be drawn - Draw will take place on August 17, 2026 - Draw will be posted on Sportity

AWARDS

FIGURE EVENTS	Medals will be awarded to the top three figure scores in 11-12, Youth, and AdAS figure event categories.
ROUTINE EVENTS: 11-12, YOUTH & AdAS	Medals (Gold, Silver & Bronze) will be awarded to the top three championship scores in 11-12, Youth & AdAS event categories.
ROUTINE EVENTS: JR & MIXED ABILITY	Medals(Gold, Silver & Bronze)will be awarded to the top three routine scores in Junior & Mixed Ability event categories.

ACCOMMODATIONS, TRANSPORTATION & MEALS

HOST HOTEL	Hyatt Place Montréal Centre-Ville (view website) 1415 Rue St-Hubert, Montréal, QC H2L 3Y9 2 Queen Bed (limited quantity) Single/Double Occupancy - \$249 / night Triple Occupancy - \$269 / night Quad Occupancy - \$289 / night 1 King Bed Single/Double Occupancy - \$249 / night Note that breakfast is INCLUDED in these rates.
HOTEL BOOKING PROCESS	Please contact Lauren Whiteley at lauren@artisticswimming.ca to confirm hotel booking.
TRANSPORTATION	As part of CAS sustainability strategy commitment, local transportation for this event will be with public transit only. The official hotel is located 700m from the main Montreal Berri-UQAM metro station, which is one stop away from the venue on the yellow line. Participants will receive a one-week metro pass as a part of their hospitality fee.

MEALS	Lunch will be served at the pool daily (on competition days for all participants, and on Monday/Tuesday for those selected the 5-day hospitality package). Dinner will be the reposnability of participants.
-------	--

VOLUNTEER INFORMATION

VOLUNTEER REQUIREMENTS	Volunteers will be needed to effectively run multiple aspects of the competition. Volunteers will be needed in several capacities, including: • Setup • Admission • Announcers • Runners • Video • Timers
APPLICATION FORM	Those interested in volunteering for the event are asked to fill out the Volunteer Application Form (coming soon).

SWIM & LEARN WITH THE SENIOR NATIONAL TEAM



2026 CANADA CUP

ARTISTIC SWIMMING SUMMER CAMP



August 24-28, 2026

Train with some of Canada's top artistic swimming coaches and athletes at an unforgettable summer camp in the heart of Montreal. From August 24-28 at the stunning Parc Jean-Drapeau, athletes will develop their skills through high-level instruction, inspiring mentorship, and a fun, dynamic training environment. Whether you're looking to sharpen your technique or take the next step in your artistic swimming journey, this is a unique opportunity to learn from the best.

WHERE

Parc Jean Drapeau, Montreal

WHEN

August 24-28, 2026, 8:30-16:00

WHO

Athletes in **11-12, Youth & Junior** Age Groups

COST

\$750 for camp
\$1250 with individualized lessons

HOW

**INFORMATION &
REGISTRATION HERE**

