

SPACING SCHEDULE / HORAIRE D'ENTRAINEMENT

May 7, 2019 / 7 mai 2019

ONLY ATHLETES TAKING PART IN 13-15 EVENTS ARE ALLOWED IN POOL
SEULS LES ATHLÈTES PARTICIPANT À DES ÉPREUVES 13-15 AURONT ACCÈS À LA PISCINE

TIME / TEMPS	GROUP TIME / TEMPS DU GROUPE	CLUB	Warm up Start	Music time start	Music time end	Warm up End
			Warmup Pool	Competition Pool		Warmup Pool
04:00	12:00	Kamloops Sunrays	8:00	8:30	8:34	9:47
04:00		BC Aquasonics		8:34	8:38	
05:00		Regina Synchro		8:38	8:43	
04:00		Saskatoon Aqualenes		8:43	8:47	
08:00	12:00	Aquasouls	8:02	8:47	8:55	9:44
04:00		Fredericton Synchro		8:55	8:59	
04:00	04:00	Aquatica Synchro	8:14	8:59	9:03	9:48
03:00	15:00	Regional Training Centre - Ontario	8:18	9:03	9:06	10:03
04:00		Chaco Synchro		9:06	9:10	
08:00		Granite Artistic Swimming		9:10	9:18	
16:00	37:00	Calgary Aquabelles	8:33	9:18	9:34	10:40
21:00		Dollard Synchro		9:34	9:55	
04:00	13:00	Victoria Synchro	9:10	9:55	9:59	10:53
04:00		Burnaby Caprice Synchro		9:59	10:03	
05:00		Pacific Wave Synchro		10:03	10:08	
04:00	18:00	Beaconsfield Synchro	9:23	10:08	10:12	11:11
08:00		Neptune		10:12	10:20	
06:00		Synchro Laval		10:20	10:26	
16:00	31:00	Montreal Synchro	9:41	10:26	10:42	11:42
12:00		Quebec Excellence Synchro		10:42	10:54	
03:00		Vivelo de Rimouski		10:54	10:57	
12:00	34:00	GO Capital Synchro	9:56	10:57	11:09	12:00
11:00		Olympium Synchro		11:09	11:20	
11:00		Waterloo Regional Synchro		11:20	11:31	
08:00	24:00	Calgary Killarney Synchro	10:06	11:31	11:39	12:00
06:00		Calgary Elite		11:39	11:45	
04:00		Excel Synchro		11:45	11:49	
06:00		Edmonton Auroras		11:49	11:55	

Time is calculated by taking 75% of time of all routines for each club /
Le temps a été calculé en prenant 75% du temps de routine de chaque club