



20 QUALIFIER 20 QUALIFICATIONS

MARKHAM, ON ARTISTIC SWIMMING | NATATION ARTISTIQUE

Pre-Competition Training Schedule / Horaire d'entraînement pré-compétition

MARCH 22-23 / 22-23 MARS

SUN MAR 22	COMPETITION POOL	WARMUP POOL / BASSIN DE RÉCHAUFFEMENT (2.5m deep/profond)	
		AREA 1 (25m x 10m)	AREA 2 (25m x 10m)
		PAS DE MUSIQUE / NO MUSIC	
	AVEC MUSIQUE / WITH MUSIC		
15:00	WARMUP / ÉCHAUFFEMENT		
15:30	QUEBEC EXCELLENCE SYNCHRO OLYMPIUM (35)		
16:00			
16:30		WARMUP / ÉCHAUFFEMENT	
17:00	PACIFIC WAVE CAPRICE ARTISTIC SWIMMING ARTISTIC SWIMMING FREDERICTON (21)	QUEBEC EXCELLENCE SYNCHRO OLYMPIUM	WARMUP / ÉCHAUFFEMENT
17:30			CALGARY AQUABELLES VARIETY VILLAGE DOLLARD SYNCHRO
18:00			
18:30	CALGARY AQUABELLES VARIETY VILLAGE DOLLARD SYNCHRO (53)	PACIFIC WAVE CAPRICE ARTISTIC SWIMMING ARTISTIC SWIMMING FREDERICTON (only 1 hour)	
19:00			
19:30			
20:00			
20:30			

MON MAR 23	COMPETITION POOL	WARMUP POOL / BASSIN DE RÉCHAUFFEMENT (2.5m deep/profond)		
		AREA 1 (25m x 12.5m)	AREA 2 (25m x 12.5m)	
		NO MUSIC / PAS DE MUSIQUE		
	AVEC MUSIQUE / WITH MUSIC			
07:15	WARMUP / ÉCHAUFFEMENT			
07:30	NEPTUNE SYNCHRO SYNCHRO LAVAL PERFORMANCE SYNCHRO (22)			
08:00				
08:30		WARMUP / ÉCHAUFFEMENT		
09:00	BC AQUASOONICS / KAMLOOPS SUNRAYS ATLANTIS SYNCHRO ARTISTIC SWIMMING FREDERICTON (22)	NEPTUNE SYNCHRO SYNCHRO LAVAL PERFORMANCE SYNCHRO	WARMUP / ÉCHAUFFEMENT	
09:30			CALGARY AQUABELLES VARIETY VILLAGE DOLLARD SYNCHRO	
10:00			BC AQUASOONICS / KAMLOOPS SUNRAYS ATLANTIS SYNCHRO ARTISTIC SWIMMING FREDERICTON (only 1 hour)	
10:30	CALGARY AQUABELLES VARIETY VILLAGE DOLLARD SYNCHRO (53)	WARMUP / ÉCHAUFFEMENT		
11:00		CHACO ARTISTIC SWIMMING GRANITE ARTISTIC SWIMMING		
11:30		WARMUP / ÉCHAUFFEMENT		
12:00	CHACO ARTISTIC SWIMMING GRANITE ARTISTIC SWIMMING (12)	CALGARY AQUABELLES VARIETY VILLAGE DOLLARD SYNCHRO	WARMUP / ÉCHAUFFEMENT	
12:30			PACIFIC WAVE SYNCHRO VICTORIA SYNCHRO	
13:00				
13:30	CAPRICE ARTISTIC SWIMMING PACIFIC WAVE SYNCHRO VICTORIA SYNCHRO (26)	CHACO ARTISTIC SWIMMING GRANITE ARTISTIC SWIMMING	WARMUP / ÉCHAUFFEMENT	
14:00			WATERLOO REGION ARTISTIC SWIMMING	
14:30				
15:00	WATERLOO REGION ARTISTIC SWIMMING WINNIPEG ARTISTIC SWIMMING AQUASOULS (27)	MONTREAL SYNCHRO QUEBEC EXCELLENCE SYNCHRO	CAPRICE ARTISTIC SWIMMING PACIFIC WAVE SYNCHRO VICTORIA SYNCHRO	
15:30				
16:00				
16:30	MONTREAL SYNCHRO QUEBEC EXCELLENCE SYNCHRO (40)	WARMUP / ÉCHAUFFEMENT	WATERLOO REGION ARTISTIC SWIMMING WINNIPEG ARTISTIC SWIMMING AQUASOULS	
17:00				
17:30		GO CAPITAL ARTISTIC SWIMMING		
18:00	GO CAPITAL ARTISTIC SWIMMING (17)		KILLARNEY ARTISTIC SWIMMING EDMONTON AURORAS	
18:30				
19:00				
19:30	KILLARNEY ARTISTIC SWIMMING EDMONTON AURORAS (25)			
20:00				
20:30				