

COVID-19 COMPLIANCE CHECKLIST

This document sets out a minimum standard for all Return to Sport (R2S) plans and processes. Its purpose is to:

- Ensure that COVID-19 measures in the sport environment are robust enough to protect the health of athletes and to prevent legal liability
- Facilitate the ability of clubs, teams and athletes to get back into the pool
- Protect those required to “approve” R2S plans including CAS or PTSOs

At a minimum, PTSO RTS plans must require that:

All clubs:

- Designate a COVID-19 Coordinator who is responsible for implementing the club R2S plan and all other relevant guidance, advice and instruction regarding COVID-19
- Seek a sanction from the PTSO prior to resuming artistic swimming activity
- Complete the Risk Assessment and Mitigation Checklist tool as part of their R2S process. Clubs must retain a copy of the completed Risk Assessment and Mitigation Checklist for their records. Only clubs that have a VERY LOW RISK, LOW RISK, or MODERATE RISK (low-moderate) will receive a sanction to resume artistic swimming activity
- Confirm they have read the PTSO R2S plan and agree to comply with its requirements
- Have an up-to-date Emergency Action Plan for each facility or training space
- Ensure an open and observable training environment is maintained at all times, including any training or communication done virtually, with the Rule of Two applied
- Have clear processes in place for managing any suspected or confirmed case of COVID-19 reported by an individual who has participated in artistic swimming activity, including reporting to the PTSO

All participants including athletes, coaches and officials:

- Are in good standing and registered in the CAS online registration system
- Are participating in activity that is sanctioned by CAS or the PTSO
- Have signed the appropriate waiver of liability or assumption of risk form
- Have signed the appropriate attestation or declaration of compliance
- Undertake a personal risk assessment and, if they are willing and able to return to sport in person, self-monitor for symptoms of COVID-19 by completing a “self” health check on training days

Additional Information and Considerations

- CAS and PTSOs are the authoritative bodies for what is considered sanctioned artistic swimming activity however clubs must also abide by local, provincial and federal public health guidelines when making decisions and assessments related to the programming they offer.
- Activity will not be sanctioned by PTSOs at clubs that have a MODERATE RISK (high moderate), HIGH RISK, or VERY HIGH-RISK Assessment score. Accordingly, PTSO insurance coverage will not be provided.
- The delivery of competitions (other than “virtual” competitions) is currently not sanctioned by CAS or PTSOs.
- Any individual that chooses to participate in artistic swimming activity outside of sanctioned club activities does so at their own risk. They will not have coverage provided by CAS or PTSO insurance.